

Honoring Grief and Loss

Learning how to say goodbye

Experiencing loss can be difficult no matter the circumstance. Your Employee Assistance Program (EAP) can help you cope and provide strategies to grieve in a healthy way.

LET US HELP

HELPLINE: 866-327-2400

WEBSITE: www.txhseap.com

EMAIL: eap@deeroaks.com

Always Available | Free | Confidential



YOUR EMPLOYEE ASSISTANCE PROGRAM

