



Employee Assistance Program

SCHEDULER

Schedule an appointment

Designed to seamlessly connect members with our team of specialists, the Scheduler is a way of planning ahead your first session with us. Whether you prefer a traditional call or a video call, the Scheduler enables you to book appointments at your convenience, directly through the member website. It's all about providing you with the flexibility and options to choose what works best for your needs and preferences.

After booking your appointment with your preferred specialist in your preferred language, you'll receive a confirmation email with all the details you need, plus timely reminders to ensure you're prepared for your session. The Scheduler is your gateway to a more accessible and tailored support experience, ensuring you get the help you need, when you need it.

- Through the website, set up appointments with specialists when it's more convenient to you.
- You can book appointments to discuss various mental health topics, ranging from workplace stress to relationship issues.
- Ideal for people with a busy schedule, that need to plan their activities in advance.

24/7 Helpline: 888-993-7650

Book an Appointment: Log on to your member website to schedule an appointment

Website: www.txhhsseap.com

Username: HHSC

Password: HHSC

or

Username: DSHS

Password: DSHS

