

MANAGING THE STRESS OF

Holiday

FINANCES



The holidays are a joyous time for many, but can come with additional activities and responsibilities that can be stressful. The additional financial pressures during this time of year can cause additional challenges.

Your Employee Assistance Program (EAP) is here to support you 24/7/365.

Call or logon to receive confidential assistance.

- Free telephonic financial consultation with an Accredited Financial Counselor
- Budgeting tools & tips
- Online Savings Center



DEER OAKS EAP SERVICES

Helpline: (866) 327-2400

Email: eap@deeroaks.com

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