

# Did You Know?



## YOUR EMPLOYEE ASSISTANCE PROGRAM (EAP) PROVIDES RESOURCES FOR THOSE AFFECTED BY DOMESTIC VIOLENCE.

Often, abuse starts as emotional abuse and then becomes physical later. It's important to get help early. Below are some of the services your EAP offers to assist individuals that are victims of domestic and intimate partner violence:

- In-the-moment telephonic support
- Individual and family short-term counseling
- Safety planning
- Referrals to community resources, local shelters, and support groups
- Information and resources
- Services available nationally

If you are in immediate danger, call 911. It is possible for the police to arrest an abuser and to escort you and your children to a safe place.

**Contact Your EAP Today:**

Phone: (866) 327-2400

Web: [www.txhhsseap.com](http://www.txhhsseap.com)

Email: [eap@deeroaks.com](mailto:eap@deeroaks.com)

