



Your Employee Assistance Program

JANUARY 2024

Money Matters - Navigating Emotions for Financial Wellbeing

ONLINE SEMINAR

Discover how emotions can influence spending, trigger procrastination in challenging decisions, and impact your long-term financial health.

Visit your home page starting January 16th

 Website: www.txhhsseap.com

 Helpline: 866-327-2400

 Email: eap@deeroaks.com

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