

YOUR EMPLOYEE ASSISTANCE PROGRAM

Balancing priorities— no matter how they stack up

Raising children and caring for aging parents is unlike any other work or life responsibility—you're always on-duty, and there's no such thing as a deadline extension. Wouldn't it be nice to have some assistance? That's where we come in, providing assistance and support for these and other caregiver topics:

- Child care, elder care, and care for special needs
- Caregiver stress and work-life balance
- Support groups and community resources
- Child, adolescent, and geriatric health concerns
- Child safety and senior safety
- Unexpected events and caregiving emergencies
- Consultation around legal and financial matters



ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

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