



# 2022 SUPERVISOR EXCELLENCE WEBINAR SERIES

## Presented by Deer Oaks EAP Services

### The 7 Habits of Highly Effective Supervisors

Successful supervisors share many common traits such as a positive attitude, good interpersonal skills, and a strong work ethic. This dynamic presentation will provide an overview of these and other characteristics important to employee engagement and retention, while outlining several strategies for integrating these traits into your management style.

Date/Time: February 28, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

### The Keys to Effectively Managing Employee Performance

This important session focuses on making managing employee performance an ongoing process instead of an annual event (i.e., the annual review) to maximize productivity. The presentation will cover best practices in performance management including collaborating to set goals, utilizing ongoing coaching conversations to keep employees accountable and on track, and reviewing completed work to ensure quality.

Date/Time: May 23, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

### Strengthening the Team

This important presentation is designed to provide managers and supervisors with practical strategies for building a strong team environment for their staff. The session will discuss the barriers to creating a positive team environment, the basics of working effectively with different personalities, generations, etc., and several communication approaches that are important for strengthening relationships among team members.

Date/Time: August 29, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

### Transitioning from Staff Member to Supervisor

Making the transition from being a staff member to a supervisor brings unique challenges. This important session will provide new supervisors with several practical strategies to help them successfully transition into their new role. Covered topics include the management of existing relationships, the setting of appropriate professional boundaries, and coaching/performance management techniques.

Date/Time: November 14, 2022 1:00-2:00 PM CT [REGISTER HERE](#)



# 2022 STRESS MANAGEMENT WEBINAR SERIES

*Deer Oaks EAP Services, your Employee Assistance Program (EAP), presents this quarterly webinar series designed to provide employees with the knowledge and skills necessary to cope more effectively with stress so they can live healthier and more productive lives.*

## **How to Become More Resilient During Challenging Times**

During these unprecedented times, employees have been faced with many stressful challenges. Increasing their resilience can be a key strategy to successfully coping with and managing the stress and pressure they face. This timely session discusses several approaches that can help employees to increase their resilience and maintain their health and effectiveness day to day.

Date/Time: Monday, January 24th 1:00 – 2:00 PM CT [REGISTER HERE](#)

## **Managing the Stress of Relationships**

This session discusses the stress caused by relationship challenges in our lives and suggests several strategies for improving the quality of our relationships to reduce both stress and conflict.

Date/Time: Monday, April 25th 1:00 – 2:00 PM CT [REGISTER HERE](#)

## **Finding Balance in a Fast-Paced World**

This timely presentation is designed to help employees gain valuable insight into the emotional and physical problems that can occur when they let their lives get out of balance. The session also covers several practical strategies that employees can utilize to restore balance and live happier, healthier, more productive lives.

Date/Time: Monday, July 25th 1:00 – 2:00 PM CT [REGISTER HERE](#)

## **Managing the Stress of Time and Competing Priorities**

This presentation is designed to help employees recognize how personal organization and use of time contribute to stress levels, while offering practical approaches to prioritizing efforts and maintaining focus on the most important activities in their lives to reduce stress and increase effectiveness.

Date/Time: Monday, October 24th 1:00 – 2:00 PM CT [REGISTER HERE](#)

# 2022 Leadership Certificate Webinar Series

## *Session Descriptions & Registration Links*

### **How to Hire the Right Employees**

Having a strong work team begins with hiring the right people. This session will cover identifying the profile of the ideal hire for your team (technical skills, character, interpersonal skills, etc.) and behavioral questions to ask during interviews to help supervisors to determine if a candidate truly fits the profile. The presentation will also discuss the process of getting multiple opinions before making a hiring decision.

Date/Time: March 28, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

### **Creating a Culture of Improved Employee Engagement**

This dynamic presentation will provide several practical strategies that supervisors can utilize in their day-to-day management approach to improve employee engagement and motivation. The session will discuss methods for identifying the needs and interests of staff, and techniques for getting them to buy into and work towards the accomplishment of organizational goals.

Date/Time: June 27, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

### **How to Motivate a Multi-Generational Work Team**

Employees who grew up in different time periods can have different values, priorities, and communication styles. This important presentation will explore those differences and suggest strategies for effectively motivating employees from each generation.

Date/Time: September 26, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

### **Advanced Coaching Skills for Leaders**

Research shows that employees are more motivated and productive when their supervisor utilizes a collaborative coaching approach during their day-to-day interactions. This practical presentation will review the communication skills necessary to have effective coaching interactions and discuss using a collaborative coaching approach in key situations including assigning work, managing performance, and problem solving.

Date/Time: November 21, 2022 1:00-2:00 PM CT [REGISTER HERE](#)

