Call your EAP today for confidential around-the-clock assistance for all of life's challenges. Our qualified professionals are here to help.

Work	Family	Personal	Financial	Legal
Change management	Parenting/ divorce and parenting	Stress/tension	Couples/marriage and money	Separation and divorce
Time management	College planning	Grief and loss	Budgeting	Estate law
Dealing with difficult people	Blended and step families	Depression, anxiety	Buying or selling a home	Advance directives and living wills
Effective communication	Military families	Substance abuse and recovery	Retirement planning	Adoption
Job stress and burnout	Domestic violence	Relocation and moving	Bankruptcy and credit	Child and spousal support issues
Career development	Referrals for child, adult and elder care services	Health and wellness/ coping with a chronic illness	Saving and investing for college	Free online simple will creation
Workplace violence	Balancing work and home life	Daily living referrals i.e. pet sitters, travel planning, repairs	Estate planning	Foreclosure

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