Your Employee Assistance Program

A Free & Confidential Benefit

The Employee Assistance Program (EAP) offered by your employer provides you and your family with free and confidential assessments, referrals, and counseling. Deer Oaks EAP Services is available at any time and can assist with work-related concerns, personal problems, and other issues affecting your well-being.

Your EAP Can Help With:

- Work/Life Balance
- Depression/Anxiety
- Substance Abuse
- Preparing for Retirement
- Emotional & Psychological Issues
- Life Changes & Transitions
- Stress & Time Management
- Legal & Financial Difficulties
- Family & Marital Problems
- Child/Elder/Adult Care Issues
- Healthy Lifestyles
- Loss & Grief

Help Is Just One Phone Call Away...

DEER OAKS EAP SERVICES

www.txhhsseap.com | 866-327-2400 | eap@deeroaks.com