Did you know?

Your EAP Can Help Strengthen Your Relationships.

Good relationships don't necessarily just happen. Developing and maintaining healthy partnerships with your spouse, family, friends and colleagues takes time, effort and understanding. From improving communication skills, learning to give and take, and respecting one another to making time for yourself, problem-solving, having fun together, and more, your EAP can provide guidance and helpful support. Call the Helpline or log on to our website today for confidential assistance.

Available Features

- In-the-moment telephonic support
- Individual, marital and family counseling (children over age 8)
- Work/life consultation with referrals for babysitters, date nights, weekend getaways, support groups, and parenting education
- Information on pre-marital and marital counseling
- Articles and tip sheets about healthy communication, dating, marriage success and long-distance relationships

Deer Oaks EAP Services

Contact Your EAP Today:
(866) 327-2400
www.txhhsseap.com
eap@deeroaks.com